



theme: Sexuality #2 – Sex Ed, Biblical Style

materials: Bibles, rope or bandanas for three-legged activity, pillows, worship music.

welcome

Play a game of three-legged football (soccer), three-legged tag, three-legged basketball, or any other game you like where you can attach people at the legs. You can even just have a three-legged race if you want to be boring.

read

Read 1 Corinthians 6:12-20.

Where and when did you first learn about sex? Was it from your parents? School? Friends? Or at Church? How awkward was that first conversation?

How comfortable are you talking about sex in Church, or discussing it with other Christians?

Do you think the Church generally presents a positive message about sex, or a negative one? Give examples, if you can.

What is Paul's teaching about the body and sex in this passage? Is the body good, or bad?

What is the big deal about sexual immorality? Why can't people just do whatever they want with their own bodies?

What is the spiritual aspect of sex?

What kind of things can our bodies be "enslaved" by?

Do you agree with Paul that everything is permissible for you, but not everything is helpful? Can you think of some things that you have the freedom to do, but are unhelpful to you?

Do you think Paul's message about sex and the body gives us more freedom, or more limitations? Explain.

What does it mean for our bodies to be the Temple of the Holy Spirit? How are we joined to God?

How can we glorify God with our bodies?

interact

Pray as a group, and as you engage in different kinds of prayer use your body to reinforce what you are saying. Start with some prayers of praise and thanksgiving to God. What body posture can you take that shows praise and worship? (Each person can choose their own posture).

Move on to prayers of confession, intercession, petition, etc...For each prayer focus, adopt an appropriate body position, showing that your body is as much a part of the prayer as your mind and the words you use.

Alternatively, put on some worship music, have everyone lie down, and soak in God's presence for a while. Ask everyone to be conscious of their bodies as they rest in God's presence, and to be intentionally giving their whole bodies, from feet to head, over to God in worship.



think

School based sex-ed is mainly about bodily functions, not really about the emotional, social, and certainly not spiritual aspects of sex. What should the Church be doing to help teach people about sex from a biblical perspective? What can you do to help make this happen in your context?

live & pray

1. How do you treat the Temple of God? Take special note this week of how you treat your body. What food are you putting in? Are you exercising? Are you glorifying God with your body?
2. Are you enslaved by anything? Talk to a friend or advisor about it, and together ask God for freedom. Then make practical steps to help make a clean break from whatever is enslaving you (ie. Filters on internet connection, accountability partner, etc...)

useful resources

Book: *And God Created Sex!* By Chick Yuill.
Book: *Sex God.* By Rob Bell
Website: www.scf.com (Setting Captives Free)
Website: www.xxxchurch.com

leader's guide

Most people believe that the Church has nothing but negative things to say about the body and about sex. The Church seems to be at times in the business of ruining everyone's fun. Quite often the vocal message of the Church has been negative and reactionary. But we do have an incredibly positive message to share about the body. God created the body, God took on a body, and God created sex and pleasure. Sex and the body are so good though, that their corruption is a great evil.

Paul is pointing out that the body is very important, that our bodies have been bought at a great price by Christ, and that we can't just abuse the Temple of God however we want. God is wanting, like a husband, to be joined with us in purity. So it is very serious when we treat our bodies immorally, as they are designed to be joined with Christ.

The spiritual aspect of sex is that two people are joined to be one in body and spirit.

The Temple of God was the physical place in which God made His dwelling place. God is everywhere, but He chose the Temple as a special place in which to demonstrate His presence. That is the function of our bodies now, to be the dwelling place of the Spirit of God.